NORTHERN NEVADA ADULT MENTAL HEALTH SERVICES (NNAMHS)

POLICY AND PROCEDURE

SUBJECT: OUTPATIENT CONSUMERS RECEIVING MEDICATIONS FROM MORE THAN ONE PRESCRIBER

NUMBER: NN-MM-21

ORIGINAL DATE: 03/05/98

REVIEW/REVISE DATE: 05/06/04, 5/3/07, 3/18/10, 1/17/2013

APPROVAL: _______Cody L. Phinney______, Agency Director

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I. PURPOSE

To reduce the risk of drug-drug interactions, medication abuse and stockpiling of medications by outpatient consumers

II. POLICY

NNAMHS will carefully monitor outpatient consumer requests for medication and ensure prescriptions written by outside prescribers are not duplicated by NNAMHS physicians. NNAMHS will monitor consumer use of medications prescribed by outside prescribers to evaluate potential drug-drug interactions, stockpiling of medications, and abuse of medications,

III. DEFINITIONS

1. Outpatients: consumers receiving services, including prescriptions from NNAMHS prescribers.
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2. Medications: includes prescriptions, over the counter products and alternative, non-traditional treatments.

IV. REFERENCES

1. NNAMHS form MR-178Summary List
2. NNAMHS Policy NN-IM-PS-02 Release of Consumer Information
3. NNAMHS Policy NN-IM-MR-21 Summary List

V. PROCEDURE

1. The outpatient medication clinic will maintain a current MR-178, Summary List in the outpatient medical record.
2. Clinic nurses will obtain prescription history information at the time of appointment. All medications currently being taken by the consumer will be documented in the MR-178, Summary List for permanent record-keeping and monitoring.
3. When consumers are receiving medications from an outside prescriber, a release of information will be requested from consumer to coordinate care and ensure safety in prescribing medications.
4. Pharmacy staff will screen the consumer at the prescription intake window for any medications that could possibly interact with or duplicate their NNAMHS therapy. Pharmacy staff will document in the pharmacy computer system any medications the consumer is currently on in addition to those medications received at NNAMHS.
5. Those medications posing a potential drug-drug interaction or medications with significance to NNAMHS therapy will be noted in the consumer profile.
6. When a concern exists that a consumer may be abusing prescription drugs, a pharmacy report will be run to determine if the consumer is receiving similar medications from outside prescribers. Any discrepancies will be addressed with

the consumer at their next appointment, or by phone contact if consumer safety is a concern.

7. Consumers seeing outside prescribers writing for same/similar medications will be notified that they will not be able to continue receiving those medications and will need to decide whom they will continue to see.
8. A consumer who continues to get duplicate medications after intervening as above may be discharged from service at the med clinic to continue with the outside prescriber.