

NORTHERN NEVADA ADULT MENTAL HEALTH (NNAMHS)

POLICY AND PROCEDURE DIRECTIVE

SUBJECT: Physical Screenings in the Outpatient Medication Clinic

NUMBER: NN-PC-AS-05

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ORIGINAL DATE: 11/21/13

REVIEW/REVISE DATE:

APPROVAL: _____ Cody L. Phinney _____, Agency Director



I. PURPOSE:

To establish procedures for physical health screenings in a mental health center.

II. POLICY:

NNAMHS will ensure that all consumers admitted to the outpatient medication clinic will have a physical health screening designed to identify health risks and make appropriate referrals for care or follow-up with their current provider.

III. REFERENCES :

The Joint Commission Comprehensive Accreditation Manual for Behavioral Health Care, Care, Treatment, and Services Chapter

IV. PROCEDURES:

- A. Each new consumer admitted to the medication clinic will complete a health questionnaire in the Psychiatric Assessment Services (PAS), before their first medication clinic appointment, which will become part of their admission packet.
 1. The medication clinic nurse will review the health questionnaire noting any positive responses to health issues.
 2. The nurse will acquire additional information to determine health issues requiring follow-up.
 3. These areas will be highlighted on the questionnaire, and pointed out to the physician/Advanced Practice Registered Nurse (APRN) prescriber, as well as noted in the progress note.

- B. Health issues highlighted will be noted in the nurse's plan of care as:
 1. Requiring follow-up with their medical provider.
 2. Referral for medical history and physical due to lack of medical care in the past year or for a specific issue identified.
 3. Monitoring issue, nurse/prescriber will review at next appointment.
 4. Laboratory tests ordered, referral pending results.

- C. A consumer requiring medical follow-up will be given a follow-up form listing:
 1. Name of their medical provider, or referral to a provider.
 2. Medical issues identified, requiring follow-up for consumer.
 3. Referring physician/APRN and med clinic.
 4. Release of information (ROI) for sharing information between providers.
 5. A copy of the ROI and the referral will be placed in the chart.

D. A Progress note identifying the medical issues which will require ongoing monitoring, follow-up, or referral will become a part of the consumers Plan of Care.

1. This plan will be reviewed at each med clinic visit for completion.
2. The nurse will make a notation for the prescribing physician/APRN on issues that remain unresolved or needing completion/follow-up done.
3. Any laboratory tests ordered for consumers with medical referrals made will have a copy made for the consumer to take with them at their appointment.