## NORTHERN NEVADA ADULT MENTAL HEALTH SERVICES (NNAMHS) POLICY AND PROCEDURE

SUBJECT: OUTPATIENT NUTR	RITION SCREENING REFERF	RAL AND ASSESSMENT
NUMBER: NN-PC-NS-07		Page 1 of 2
ORIGINAL DATE: 06/01/06,		
REVIEW/REVISE DATE: 4/16/09, 5/20/10, 3/21/13		
APPROVAL:	Cody L. Phinney	, Agency Director
I. PURPOSE  To describe the outpatient nutrition screening and referral process available at NNAMHS. To identify consumers' at nutritional risk, to procure further assessment or screening, and to provide appropriate nutritional care for outpatient consumers.		
NNAMHS will assess all consumers for nutritional risk, based on the nutritional screening and assessment process completed at the Psychiatric Assessment Services (PAS) or Psychiatric Observation Unit (POU).Outpatients that have been assessed and require further nutritional assessment will have a nutritional referral forwarded to the NNAMHS dietitian.		

## III. PROCEDURE

1. Upon admission to PAS or POU, a nutritional screening will be completed by the nurse as part of the Nursing Assessment.

- Within 24 to 72 hours of admission to POU, the RN Nutritional Screening will be completed by the NNAMHS dietitian to review the Nursing Assessment nutritional screening.
- 3. Any consumer opened to outpatient services whose nutrition screening indicates three or more nutritional risks will be referred to the NNAMHS dietitian. Hospital staff will complete and submit a faxed copy of the Outpatient Nutrition Services Referral form to the NNAMHS dietitian. The original referral form is placed in the consumer's packet.
- 4. The consumer will be provided the NNAMHS dietitian's contact information for follow-up on the outpatient nutrition services referral.
- 5. Any consumer in POU whose nutrition screening indicates three or more nutritional risks will be referred to the NNAMHS dietitian for additional nutritional assessment.
- 6. Established consumers in outpatient services who display a change in nutritional status or are deemed to be at nutritional risk will be referred by physician order or nurse recommendation. The request as described in #3 above will be sent to the NNAMHS dietitian.
- 7. Once the consumer contacts the NNAMHS dietitian, a consult will be completed directly with consumer and/or the consumer will be assigned to a nutritional group session within 7 working days.
- 8. The NNAMHS dietitian will document all referred outpatient nutrition services consults and/or group sessions in the electronic medical record's progress notes.
- 9. The NNAMHS dietitian will reassess the consumers as necessary.