

**MULTIDISCIPLINARY PREVENTION ADVISORY COMMITTEE (MPAC)  
APPROVED MINUTES**

**DATE:** January 16, 2013  
**TIME:** 1:00 p.m.  
**LOCATION:** Truckee Meadows College  
Redfield Campus  
18600 Wedge Parkway, HTC Room 103  
Reno, Nevada

*Video-Conference*  
College of Southern Nevada  
Cheyenne Campus  
3200 E. Cheyenne Ave., Room 2647B  
Las Vegas, NV 89030

**Committee Members Present**

Bill Kirby, proxy for Deborah McBride	Agency Director, Substance Abuse Prevention and Treatment Agency
Brad Greenstein	PACT Coalition / Foundation for Recovery
John Johansen	Impaired Driving Program Manager, Nevada Office of Traffic Safety
Judge Cedric Kerns	Las Vegas Municipal Court Regional Justice Center
Monty Williams - Chair	Director, Statewide Native American Coalition, Intertribal Council of NV
Muriel Kronowitz	Public member
Peter Quigley	Justice Outreach Specialist, Department of Veteran Affairs, So. Nevada
Scott Shick – Co-Chair	Chief Juvenile Probation Officer, Douglas County
Susan Mears	Planning & Evaluation Unit, Division of Child & Family Services
Tami Jo McKnight	Clinical Program Planner, Mental Health & Developmental Services

**Committee Members Absent**

Elizabeth Fildes	Director of Clinical Services, Nevada Tobacco Users' Helpline
Jeff Fontaine	Nevada Association of Counties
Karla Bee	Nevada Health Division
Michael Bakios	Resident Agent in Charge, Drug Enforcement Administration
Ron Pierini	Sheriff, Douglas County
Shirley Hampton	Nevada Rural Health Clinic
Tom Chase	Executive Director, Nevada Health Centers

**Others Present**

Michael Coop – Consultant	Coop Consulting
Michelle Frye-Spray – Ex-officio	T/TA Specialist, CSAP CAPT West RET, CASAT, UNR
Stephanie Asteriades	NPRC - CASAT
Ashlynn Martin	MHDS Rural Services
William Gazza	Clark County Coroner's Office

**SAPTA Staff Present**

Bill Kirby	SAPTA Health Program Specialist
Charlene Herst	SAPTA Prevention Team Supervisor
Charlene Howard	SAPTA Health Program Specialist
Chuck Bailey	SAPTA Health Program Specialist
Kim Davis	SAPTA Administrative Assistant
Linda Kreeger	SAPTA Health Program Specialist
Meg Matta - Recorder	SAPTA Administrative Assistant
Nan Kreher	SAPTA Health Program Specialist
Tonya Wolf	SAPTA Health Program Specialist

\* *Attended telephonically*

1. **Welcome and Introductions**

Monty Opened the meeting in due form at 1:07 p.m. and after introductions, a quorum was established.

2. **Public Comment**

There were no public comments.

3. **Discussion and Approval of combined SEW/MPAC Minutes of October 10, 2012**

Bill Kirby moved to approve the minutes and Muriel Kronowitz seconded the motion. The motion carried and minutes were approved.

4. **Update and Discussion on Proof Point Security**

Meg Matta gave an update on the problem of the email security system that has been locking recipients out of the ability to see the agenda and handouts for the meetings. This has been a problem for those members who are not in the State email system. She has been in communication with Erin Williams, the MHDS IT Manager and Security Officer, and Kevin Law in enterprise IT Services, Department of Administration to find a solution. They are working on creating a rule that has precedence over all other rules that doesn't encrypt MHDS emails that have the phrase "open meeting" in the subject line or body of the email. So far, the tests haven't been successful, but they are continuing to work on the problem and it will hopefully be resolved by the next meeting. Charlene added that there had been other IT problems that have presented intermittent problems. The group was asked to let Meg know if they encountered any further problems.

5. **Update, Discussion and Approval of Evidence-Based Workgroup Subcommittee Report**

Charlene Herst reported on the first face-to-face/webinar/teleconference meeting. She said that nine documents were sent out to committee members and there is a lot of material for the members to review. The workgroup members are Luana Rich from MHDS; Susan Mears from DCFS; Elizabeth Fildes from Nevada Tobacco Users' Helpline; Brad Greenstein of the Foundation for Recovery; and SAPTA staff Linda Kreeger, Bill Kirby, Charlene Howard, and Tonya Wolf. Monty Williams, Chair of the MPAC and Executive Director of the Statewide Native American Coalition, will also be joining the workgroup at the next meeting. The facilitators for the meeting were Michelle Frye Spray, CAPT, West RET; and Anne Rogers from Data and Research for the State of Maine, and the former SPF-SIG Coordinator for her state.

The reasons for the workgroup, the make-up of the membership, the benefits and challenges of having an evidence-based workgroup, and the next steps were the topics discussed. The workgroup has a lot of material to read and digest before the next meeting. Michelle Frye-Spray added that the goal is to establish the data-driven state priorities and create a Nevada registry for evidence-based practices. A Nevada registry will include cultural programs that are more innovative or which apply to Nevada's specific populations better than the national registry, and provide better opportunities for funding to our coalitions and subgrantees. Monty Williams shared that the National Prevention Network did a presentation on the work done by

the Oregon tribes together with their state government to create criteria for evidence based practices that work specifically in the tribal communities, such as sweat lodges and ceremonies that are a productive way of life for those people. They were able to provide documentation to substantiate that these practices were working, and had been working for generations. Consequently, the state of Oregon was able to recognize them as best practices for Oregon, and adopt them for their state. Fidelity is the key to a successful program. Monty emphasized that these practices were specific to the Oregon tribes, but would not necessarily be good on a national scale. He said a best practice for Ojibwa would not necessarily work for the Paiutes in Nevada. Further, it has to be customized by community – perhaps by county. Monty feels the Young Man Ceremony and Young Woman Ceremony which he has been running for nearly five years would be a good project to begin with. Charlene Herst added that there are cultural practices not only for the tribes but for other communities across the state that should be included in the Nevada registry. She asked for input on specific populations that will be better served by specific evidence based practices that are currently absent from the registry.

Charlene Herst also asked for suggestions of people to include in the workgroup who will add another dimension – such as law enforcement or research. Susan Mears suggested that eventually, it would be helpful to enlist the help of students who are going for their Masters in Social Work or any other related area, to provide work for their master thesis or dissertation. Names suggested were: Eric Albers who used to work with the CAPT, as he has done work with cultural adaptations; and Barry Ashley with UNLV. The next meeting will be on April 16 – one day before the SEW/MPAC

Scott Shick clarified that this committee does not interfere with the federal monies flowing through the state to the coalitions and direct providers; but allows us to be more flexible on how we define our needs based on our demographics and culture. It should provide more programs to the communities.

**6. Discussion and Approval of Five-Year Strategic Prevention Plan**

There was not a quorum by the time it came up for action in the last meeting. Scott Shick moved to approve the plan, Bill Kirby seconded the motion, and it was unanimously approved.

**7. Update and Discussion of SEOW Grant – Year Three Deliverables**

Nan said she believes there is about \$100,000 from SAMHSA to continue the work; there are about 7 deliverables due in the next year. Nan generally submits most of the required deliverables, but the group needs to decide what the subject of the special report would be. She said the SEW group has decided to focus the community profile on suicide. Charlene Herst asked the members to think of other topics for special reports that would help them in the work they do. Monty said it is difficult to get epi-data from the Inter-Tribal Council of Arizona and they are looking toward obtaining data from the tribal clinics. Charlene added that there are many issues, including juvenile justice data or transitioning from the criminal justice system.

Scott Shick said that Pauline Salla should be able to provide the adolescent data. He said that as the budget grows more restrictive, the adolescents are the first to be released because of the lesser parole concerns. Judge Kerns explained that regarding DUIs for young adults (aged 18

to 24)in Clark County, it can take about six to seven months to get the blood work back. Young adults or adolescents can be on their fourth DUI before the evidence for the first offense is filed. In the Municipal Court, he has 13,000 open cases. He did a case study, and 70% of his cases had some type of addictive substance involved. That does not include all of the battery and domestic violence because they are discharged as battery d/v without attention to substance. He asked his young adults to evaluate how much they spent per month on their drugs while actively addicted. The response indicated that an average of \$2003.00 per month was spent on drugs. When asked how they got that much money, they replied that they stole from their parents, then their neighbors. They would also hook and beg.

Judge Kerns explained that another problem is that they often have mental health issues for which the waiting period for treatment is about a month on average. Consequently, they will turn to self medication. Judge Kerns said that when they relapse, he has to lock them up for relapsing. There is a gap in treatment – they are not getting it quickly enough. He added that adolescents and young adults are an extremely difficult population to work with because of the large numbers and lack of resources.

Judge Kerns said that for the criminal court system, a solution would be to have a mental health professional in the regional justice center to triage a release immediately. The chances of getting someone into treatment days after release are not very good. To make matters worse, some of the jails are releasing people at 2:00 a.m. At that time in the middle of the night, there is often no place to go but back to the streets. Something as simple as a jail releasing people at 2:00 p.m. rather than 2:00 a.m. would make a huge difference in their ability to seek immediate treatment. He thought that having mental health treatment immediately available could possibly ease the situation considerably.

Tami Jo McKnight confirmed that there is an awareness of the issue, and that the Administrator, Richard Whitley, and Dr. Tracy Green are working on it. She added that it has been an uphill battle to get the data that will provide an answer to the problem. Judge Kerns replied that the jails are so full that they don't have time to provide data – they are just trying to survive. From a systemic level, there are many issues that need to be resolved. She encouraged partners to come together at all levels, not just at the state level, to combine resources to make it happen.

Scott Shick said the Clark County Juvenile Justice System has worked in conjunction with the Annie E. Casey Foundation to develop a Juvenile Detention Alternative Initiative. By responding to their data, they reduced their detention numbers dramatically in the past seven years specifically because they have in-house, on-call district attorneys and mental health professionals who are available to help make the appropriate and necessary decisions to get the young adults moving out of detention quickly. He wanted to give them recognition for their success in this ongoing process. Decisions have to be made to move to the solution more quickly. Scott said in Douglas County, they use in-house mental health professionals because he lost patience waiting for appointments and evaluations while kids were falling by the wayside. He empathizes with the Judge because he has seen the same problem in Carson City's drug court; there can be a terrible cycle of people who continue to circulate through the system without any resolution. It is frustrating and he gives the Judge his full support.

Tami Jo McKnight mentioned that she has worked in the state of Oregon in county mental health. Part of her duty was to go into the jails to provide therapy and suicide assessments for the inmates. She was surprised to find no such service in Nevada and felt that Nevada should look at what some other states are doing. Muriel Kronowitz added that in Alaska, drug courts an increasingly important role in triaging the releases.

8. **Discussion of DEA Proposed New Regulations on the Disposal of Unwanted Prescription Drugs**

Charlene Herst said she received a newsletter or update from the DEA on where drop-off boxes for prescription drugs can be located. They can be located in any sheriff's office or police office in the state, following proper procedures; but soon, any pharmacy can also take the drop-offs as long as they have a proper disposal mechanism that will prevent recycling. It is exciting that on the federal level, they are looking at prescription drug disposals that will be permanent and on-going.

Charlene passed around to the members a new report from the National Survey on Drug Use and Health (NSDUH) on the state estimates on non-medical use of prescription pain relievers. She didn't have time to send out handouts before the meeting but will send copies to everyone at a later date. The report shows how Nevada compares with the other states.

9. **Discussion on Bills and Bill Draft Requests for the 2013 Legislative Session**

Charlene referred to the handout listing the bill draft requests that SAPTA is watching. She asked the members to let her know what bills or bill drafts the members are watching in their agencies and hopes that SAPTA and those agencies can be helpful to one another in getting the bills of interest passed. One bill draft that is not on the list but is of special concern to Charlene Herst is AB 29 which concerns a suicide review board. She asked John Johansen to go over the bills his office is tracking. One of the concerns John mentioned was that Nevada's open container law for drivers is not in exact compliance with federal law. Other concerns were related to revising language: to better define the specific ownership of traffic crash records; and to create a more precise correspondence between local ordinances and the Nevada Revised Statutes. John shared another interesting question that arose from Missouri and is being heard in the U.S. Supreme Court, had to do with whether a blood draw on a drunk driver is a violation of the fourth amendment and should require a search warrant.

Scott Shick said that anything to do with marijuana, the juvenile justice system is watching closely. There are three bills they are in opposition to: 46, 89, and 228. He added that the opposition to use of marijuana for medical purposes is due to the lack of validating medical research and scrutiny.

Charlene said that other bills of specific interest are AB 39 and BDR 227 which have to do with ephedrine and pseudo-ephedrine. One has to do with making those substances prescription only, as opposed to just being kept behind the counter, which has a lot of opposition from groups like the ACLU. The other has to do with recording all sales of those substances.

Monty concluded the conversation by saying that the Statewide Coalition Partnership also has produced a watch list, and Charlene will get a copy of that list for comparison and to see if SAPTA had overlooked anything.

10. **Discussion and Recommendations of the Data Gaps: Ways to Fill Them for the Data Dissemination System and Data Warehouse**

Nan said one of the biggest data gaps is on kids because of the dysfunction of the YRBSS. Wei Yang and Kristen Clements Nolle with University of Nevada, Reno, are fixing that problem and will collect data from schools across the state. The schools, and the individual teachers within the schools that are conducting the survey, will receive incentives from the state. Clark County School District is conducting their own YRBS survey in 33 schools, which will contribute a large piece of data. Wei and Kristen are also targeting Native American schools, so there will be an oversampling of that adolescent population which will fill another data void. Every county will be involved.

11. **Discussion and Approval on Focus of Future Special Reports**

Michael Coop said once they complete the work on the 2011 data from the Clark County Coroner's Office, they will begin on the 2012 data. He plans to eventually add the 2012 data to the 2011 data to provide a comparison. Charlene said that the report is still in a preliminary state and will be brought to the MPAC for discussion and approval at a later time when it is more complete.

Nan said that there are more frequent requests to the data group for reports in addition to the epidemiology profile and the community profile, and in addition to Michael Coop's reports. Currently she is working on a needs assessment for the joint block grant of substance abuse statewide. Using treatment data, she is finding that the drug of choice differs according to the geographic areas in the state. In the rural areas, alcohol is the predominant drug of choice. In Washoe County, methamphetamine is big. In Clark County, crack and heroine are big. She said they are accessing a lot of data, and if there are any special reports that the members would be interested in, to please suggest it.

Scott Shick suggested asking Pauline Salla, who is a juvenile justice specialist for the state, for statewide data on juveniles. Susan Mears was asked about the mental health system for children. She said the public system is under the Division of Child and Family Services. Also under that division is youth parole and youth facilities, and child welfare. There are also children's mental health services. Michael Coop asked if a special report on that population to look at age of onset, severity, progression of illness, etc. would be helpful, due to focuses encouraged by SAMHSA.

John Johansen commented that in his view, a report delineating three important overarching areas would be: the total impact of substance abuse on Nevada, what is currently being done to address those areas of impact, and what resources can the state utilize. He feels that an overview of that type would then accommodate the siloed reports, and they would be more meaningful when in context with the larger picture.

12. **Member Update**

Tami Jo McKnight shared information on her background, experience and goals.

13. **Discussion and Approval of Meeting Dates for 2013**

Charlene Herst said the MPAC only needed to meet quarterly now, rather than bi-monthly. She suggested a similar schedule of the third Wednesdays. It was moved by Bill Kirby and seconded to set the remaining meeting dates for 2013 on April 17, July 17, and October 16. It was unanimously approved.

14. **Discussion and Approval of Agenda Items for the April 17, 2013 Meeting**

- Presentation on Adverse Childhood Experiences – Michelle Frye Spray. There is a question about presenting this report at a joint meeting as it could be three hours long. Charlene suggested that it could be presented at the SEW meeting only, and anyone interested could attend. Charlene will send out a query to members for their preference.
- Michael Coop's Clark County Coroner's Report
- Legislature Bill Tracking
- Evidence-Based Workgroup report

15. **Public Comment**

There was no public comment.

16. **Adjournment**

Meeting was adjourned at 3:00 p.m.