MINUTES

of the

Mental Health Planning Advisory Council's Behavioral Health Promotion Subcommittee

meeting on

January 31, 2013

held at

Division of Mental Health and Developmental Services (MHDS) 4126 Technology Way, Second Floor, MHDS Conference Room Carson City, Nevada 89706

1. CALL TO ORDER, ROLL CALL, AND INTRODUCTIONS – RENE NORRIS

Rene called the meeting to order at 1:35 p.m. A quorum was determined by the roll call noted below, and Diane completed the sign-in sheet.

MEMBERS PRESENT:

Alyce Thomas, MHPAC & Committee Chair – Consumer (teleconference – Las Vegas) (arrived on or around 2:00 p.m.)

Rene Norris, MHPAC Vice Chair – Family Member (teleconference – Las Vegas)

Judy Bousquet – Consumer (teleconference – Henderson)

Susan Maunder – Consumer (teleconference – Las Vegas)

Dave Caloiaro - MHDS

Mechelle Merrill – DETR

STAFF AND GUESTS:

Martha Framsted – Health

Pam Graber – Health

Luana Ritch - MHDS

Diane Dempsey – MHDS

Jo Anna Rios – SNAMHS (teleconference)

J. Marcos Perez – SNAMHS (teleconference)

Steve McLaughlin – SAPTA (teleconference)

2. PUBLIC COMMENT

There was no public comment.

3. REVIEW AND VOTE TO APPROVE MINUTES FROM THE MHPAC BEHAVIORAL HEALTH PROMOTION COMMITTEE MEETING ON JANUARY 23, 2013 "For Possible Action"

MOTION: Judy motioned to accept the minutes as written. Mechelle seconded. Motion passed unanimously.

4. AMENDMENT OF A PREVIOUS ADOPTION ON THE TOPICS FOR THE MENTAL HEALTH MONTH NEWSPAPER INSERT. (MOTION PASSED AT THE MHPAC BEHAVIORAL HEALTH PROMOTION COMMITTEE MEETING ON JANUARY 9, 2013) "For Possible Action"

There was discussion on the six topics that were approved at the January 9, 2013, meeting and then further reduced to four at the January 23, 2013. An amended vote was not taken at the January 23, 2013, meeting, due to the loss of a quorum. The members decided that, under the umbrella of recovery, the topics for the newspaper insert would focus on co-occurring disorders, mental illness in the workplace/employment, children and families, and trauma.

MOTION: Dave motioned to accept the topics as amended. Mechelle seconded. Motion passed unanimously.

5. RECOMMENDATION OF PERSONS TO BE INTERVIEWED FOR NEWSPAPER ARTICLE INSERTS ON VARIOUS BEHAVIORAL AND MENTAL HEALTH TOPICS "For Possible Action"

Judy recommended Sue Gaines be interviewed as a family member. Judy stated Sue teaches family-to-family groups. She is very articulate and bipolar disorder in her family is multi-generational. Pam requested Judy provide her with Ms. Gaines' contact information and she will forward it to the reporter.

Alyce said Sherry Colier, MFT, specializing in trauma, would also be happy to be interviewed. The other person for employment with bipolar and medical issues has signed a release and is willing to be interviewed. They are just waiting for approval from the employer. Alyce knows a psychiatrist who may be willing to be interviewed on recovery and the topics as voted on in Item 4. Alyce will provide Diane with the name of the doctor as soon as this is confirmed. Alyce said Judy will be interviewed for co-occurring disorders, and Rene volunteered to be interviewed as a family member if she is needed.

MOTION: Dave motioned that the following persons will be interviewed: Judy Bousquet; a psychiatrist whose name Alyce will provide upon confirmation; Sherry Collier, MFT; an unnamed client; Sue Gaines, family member; the employer of the client,

if needed; Rene Norris, family member, if needed; and, adding that in making this motion the Committee gives the Public Information Officers, Pam and Martha, some flexibility in case anyone is unable or cannot make their interview. Judy seconded. Motion passed unanimously.

6. FOLLOW UP ON THE "SPRING FLING" EVENT AT SNAMHS IN LAS VEGAS, NEVADA, IN CONJUNCTION WITH OTHER MENTAL HEALTH MONTH EVENTS, WITH A TENTATIVE DATE ON 5/3/13

Jo Anna stated that they have started their planning and still have a tentative date of May 3, 2013, which is the first Friday of the month. They are looking at culinary schools to provide the food and they are reaching out to public agencies to set up informational booths. Mental Health agencies like NAMI, DPSA, etc. were involved at their last event, as well as some health organizations, Catholic Charities, and Goodwill. This year they are going a little bit further and have reached out to the DA's Office to have some staff help with child support issues for their clients. They are still planning on the arts and crafts sales which all of the goods will be provided and sold by the clients. The flyers that the Council has will be posted all over the agency. Judy will advise Jo Anna on some additional contacts. Susan asked if they could distribute the flyers to other places. Jo Anna said she created the flyers and does not have a problem with them being distributed. Marcos was in agreement. The Chair requested that anything requiring distribution, like the flyers, be sent to Diane, and she will send them to everyone. Rene asked if there were any events planned in the north. Dave stated NAMI has set May 4, 2013, for their Walk. Rene asked if any events were being planned in the rural areas. Dave was not aware of anything.

7. REVIEW AND VOTE TO APPROVE THE PUBLIC SERVICE ANNOUNCEMENT "PSA" MESSAGE FOR MENTAL HEALTH MONTH – MECHELLE MERRILL & PAM GRABER "For Possible Action"

Mechelle said she and Pam worked on a PSA message for Mental Health Month. Pam got the information about Mental Health America's campaign and they have been working with them, although they have not released the details of this year's campaign and by the time they do it might not be in time. Before Mechelle read the PSA message, she stated that the format will follow the model of the way they have been doing PSA's for Vocational Rehabilitation under their contract. Mechelle will introduce herself first, give the message, and then sign off with their web address. Mechelle read the PSA message. Following discussion, the message will be refined to include children. Mechelle will likely record this message the third week of April.

MOTION: Alyce motioned to accept the PSA message with the suggested changes. Susan seconded. Motion passed unanimously.

8. FOLLOW UP ON THE GOVERNOR'S PROCLAMATION FOR MAY IS MENTAL HEALTH MONTH – DAVE CALOIARO

Dave stated because of the move to a more behavioral health model for the Council to include people with co-occurring disorders, he would like to recommend May be named May Behavioral Health Month as opposed to May Mental Health Month. He does have the proclamation from last year and a couple of slight revisions were made to include behavioral health, alcohol, and substance abuse. The Executive Assistant, Karen Hayes, has been working on that with the Governor's Office.

9. REVIEW AND PROBABLE DECISION ON MENTAL HEALTH MONTH HANDOUTS (FLYERS, LAPEL PINS, MHPAC BROCHURES) "For Possible Action"

Rene suggested that draft revisions to the MHPAC brochures be made for presentation to the Council at the next full meeting on March 7, 2013. If the changes to the brochures are not accepted or done in time, it is acceptable to have more MHPAC brochures printed as they are. Discussion turned to the lapel pins. The members decided on lapel pin number 2 with the change to Mental Health Awareness, puting Awareness at the bottom of the pin in place of the month and year

MOTION: Alyce motioned to accept the lapel pins with the noted changes. Dave seconded. Motion passed unanimously.

10. PUBLIC COMMENT

There was no public comment.

11.SET DATE, TIME, AND OUTLINE TOPICS FOR THE NEXT MEETING "For Possible Action"

MOTION: Dave motioned to set the next meeting on February 28, 2013, at 3:00 p.m. Judy seconded. Motion passed unanimously.

12. ADJOURNMENT

Dave	motioned	to ad	iourn a	t 2:58	p.m.	Motion	passed	unanimously	v.

Diane Dempsey	
Recording Secretary	