

MINUTES
of the
Mental Health Planning Advisory Council's
Quarterly Meeting
meeting on
Thursday, October 18, 2012

Video Teleconference Meeting Locations:

held at

Desert Regional Center (DRC)
1391 S. Jones Blvd., Las Vegas, Nevada

AND

Mental Health & Developmental Services (MHDS)
4126 Technology Way, Suite 201, Carson City, Nevada

1. CALL TO ORDER, ROLL CALL, AND INTRODUCTIONS – ALYCE THOMAS

Alyce called the meeting to order at 9:12 a.m. Roll call was taken and a quorum was present. Diane completed the sign-in sheet.

MEMBERS PRESENT IN LAS VEGAS:

Alyce Thomas – Consumer/Family Member (Las Vegas)
Rene Norris – Family Member, Past Chair (Las Vegas)
Judy Bousquet – Co-occurring Consumer (Las Vegas)
Susan Maunder – Consumer/Family Member (Las Vegas)
Dave Caloiaro – MHDS (Carson City)
Debra Parra – Housing (Carson City)
Coleen Lawrence – DHCFP/Medicaid (Carson City)

MEMBERS PRESENT VIA TELECONFERENCE:

Lisa Ford – DOE
Ann Polakowski – DCFS

MEMBERS ABSENT:

Alisha Ash – Consumer/Youth
Barbara Jackson – Consumer
Jeannie Smith – Family Member
Denice Pinder – Family Member
Sharon Wilson – DOC
Mechelle Merrill – DETR

STAFF AND GUESTS:

Kevin Quint – MHDS Commission (Present in Carson City)
Deborah McBride – SAPTA (Present in Carson City)
Stephen McLaughlin – SAPTA (Present in Las Vegas)
Bill Kirby – SAPTA & Pending MHPAC Member (Present in Las Vegas)
Tami Jo McKnight – MHDS (Present in Las Vegas)
Luana Ritch – MHDS (Present in Las Vegas)
Diane Dempsey – MHDS (Present in Las Vegas)
Barry Lovgren – Public (Present in Carson City)
Dawn Walker – Public (Present in Las Vegas)

2. PUBLIC COMMENT

Barry Lovgren thanked the Council for Agenda Item 13 to review and approve a request to the Governor amending the existing Executive Order. Alyce thanked Mr. Lovgren for his comment.

3. REVIEW AND APPROVE MINUTES FROM THE MHPAC MEETING ON JULY 12, 2012 (Action Item)

Judy made a motion to accept the minutes as written. Coleen seconded. Motion passed unanimously.

4. REVIEW AND APPROVE MINUTES FROM THE MHPAC ORIENTATION ON OCTOBER 18, 2011 (Action Item)

Debra made a motion to accept the minutes as written. Dave seconded. Motion passed unanimously.

5. NEVADA COMMISSION ON MHDS (UPDATE) – KEVIN QUINT

Kevin stated that the 10 member Commission oversees the whole mental health system with no staff, but they hope to have a part-time contracted staff member by the end of the year. Kevin reviewed the Commission's report to the Governor that will cover Nevada's mental health plan; recruiting and retaining qualified psychiatrists; the Commission's goal as it relates to health care reform; and, seclusion and restraints changes in NRS. Kevin also said he has been in touch with the MHDS Administrator, Richard Whitley, to discuss how the upcoming changes will affect the Commission and its goals.

6. ADVOCACY ORGANIZATION REPORT: HOPE HOUSE – JUDY BOUSQUET

Judy reported that Hope House moved to 2780 S. Jones, Suite 205, Las Vegas, Nevada. They held Peer Specialist training for six people, five of whom were Veterans. Warmline Training will be held on October 27, 2012, in the new Las Vegas office from 9:30 a.m. to 4:30 p.m., and the training is free. Hope House is sponsoring free Leadership Training that is open to the public and especially mental health and co-occurring consumers in Reno, Nevada, on November 5 and 6, 2012, and in Las Vegas, Nevada on November 8 and 9, 2012. The trainer is Patrick Hendry. Mr. Hendry is from Mental Health America's National Office in Washington, D.C. They are also sponsoring a free two-day Advocacy Training in Las Vegas on November 27 and 28, 2012. Judy added that she attended a SAMHSA sponsored two day training on Peer Specialist and Medicaid and Managed Care at the Business Institute, a DBSA Leadership Training, and the largest National Consumer four-day SAMHSA conference held in Portland, Oregon. Judy said she was asked to serve on the National Empowerment Center's panel for National Standardized Peer Specialist Standards, Ethics and Certification.

7. MEDICAID COVERAGE SERVICES & ESSENTIAL HEALTH BENEFITS FOR THE NEWLY ELIGIBLE – COLEEN LAWRENCE

Coleen distributed black and white brochures on "Welcome to Nevada Medicaid and Nevada Check Up" to the Las Vegas attendees. Coleen discussed in detail mandatory and optional services and the ten essential health benefits: ambulatory patient services, emergency services, hospitalization, maternity and newborn care, mental health and substance abuse disorder services, pharmacy drugs, rehabilitation and habilitative services and devices, laboratory services, preventive wellness and chronic disease management services, and pediatric services, including oral and vision care. Coleen advised that the Division is awaiting the Governor's budget on whether or not Medicaid will be accepting the newly-eligible into their Medicaid plan. Newly-eligible are different than the State Health Insurance Exchange; however, both must have the categories of Essential Health Benefits (EHB). Coleen advised the Council that Habilitative Services is vaguely defined, depending on the population being advocated and more traditional/licensed services are recognized under insurance. From an advocacy prospective, it is important to understand that people will go from system to system based on their income level and the goal is to make our system as seamless as possible. Discussion followed.

8. OLMSTEAD PROJECT UPDATE – DAVE CALOIARO

Dave reviewed the draft of the Nevada Olmstead Initiative for Returning Individuals from Out-of-State Placements, presented by the Nevada Center for Excellence in Disabilities, University of Nevada. The report covered the following areas: current

process for placing youth out-of state; types of services needed; summary of previous reports; youth placed out-of-state due to insufficient community services; compliance with ADA and Olmstead; need for increased capacity to serve children with the proper intensity; need for services for youth of transition age; need for improvement in the continuum of care; school support services and focus on prevention in need of expansion; need for partnerships with schools; services that are fragmented; and, need for an integrated, collaborative, accountable and uniform system of care. Dave said a final copy is due in approximately two to four weeks, and Diane will distribute the finalized copy. From the discussion that followed, Judy shared that there is a Family-to-Family support group at Rawson-Neal Hospital every Tuesday night from 6:30 p.m. to 8:00 p.m.

9. DISCUSSION AND FEEDBACK ON THE MHPAC MEMBER ORIENTATION – DAVE CALOIARO

Dave reviewed the MHPAC Orientation/Refresher Training held yesterday, stating he gave an introduction to Mental Health and Developmental Services (MHDS); Tami talked about the Mental Health Block Grant and WebBGas; Diane spoke about the support she does for the Council; and Alyce went over the Mental Health Planning Advisory Council 101, with mention about taking that into the next level of behavioral health services. Dave asked the members who attended the orientation/training if there was anything they would like to add or see done differently in the future. Alyce suggested the MHPAC 101 be taken out because most of that information is a duplication of everyone's overview. Coleen asked about presentations by outsiders and discussion followed. The consensus of the group was that the orientation and refresher training was helpful.

10. FEDERAL BLOCK GRANT CONFERENCE UPDATE – DAVE CALOIARO

Dave advised that the Federal Block Grant Conference held on July 30 through August 1, 2012, was the first Mental Health and Substance Abuse Joint Block Grant Conference. Several representatives from MHDS, SAPTA, and DCFS attended to learn the requirements of the joint block grant submission, hear presentations from state employees, contractors and providers in terms of mental health and substance abuse, and discuss building a workforce to address co-occurring disorders. There was also an introduction to SAMHSA's 10 Regional Administration. The joint block grant submission is due on April 1, 2013. The joint block grant will also be on the Council's agenda in January 2013, for review and discussion.

11. PRIMARY AND BEHAVIORAL HEALTH INTEGRATION SYNOPSIS – DAVE CALOIARO

Dave reported that the State of Nevada held a Primary and Behavioral Health Integration two-day conference in Las Vegas last month sponsored by SAMHSA and

HRSA. Dr. Tracy Green, the State's Medical Director, was one of the Masters of Ceremonies. The topics were on primary and behavioral integration models, health care reform, IT coordination and projects for the Health Division with the integration of mental health and substance abuse, reimbursements for behavioral health services, and workforce implementations.

12.BREAK – RENE NORRIS

Rene recessed at 10:55 a.m., and the meeting resumed at 11:15 a.m.

13.REVIEWAND APPROVE REQUEST TO THE GOVERNOR TO AMEND THE EXISTING EXECUTIVE ORDER THAT ESTABLISHED THE MENTAL HEALTH PLANNING ADVISORY COUNCIL (MHPAC) IN 1989. (PROPOSED AMENDS INCLUDE NAME CHANGES, ENCOMPASS SUBSTANCE ABUSE AND CO-OCCURRING MENTAL DISORDERS INTO THE COUNCIL'S ADVOCACY AND ADVISORY EFFORTS, AND INCREASE COUNCIL MEMBERSHIP) – DAVE CALOJARO (Action Item)

Dave referred the members to the Executive Order issued in 1989. Following discussion with the Governor's and Attorney General's Offices, it was recommended that the Governor approve an Executive Order first in order to make some proposed changes to the MHPAC bylaws. Dave reviewed the proposed changes for the Executive Order: (1) name change of Council to Behavioral Health Planning and Advisory Council; (2) include people with substance abuse and co-occurring disorders; (3) change the Division of Mental Hygiene and Mental Retardation to Mental Health and Developmental Services; (4) change the Department of Human Resources to the Division of Health & Human Services; (5) change mentally ill persons to persons having mental illness and add persons with substance abuse and co-occurring disorders; (6) increase the appointment of committee members to 23, so that persons with substance abuse and co-occurring disorders are included; (7) include Substance Abuse Prevention & Treatment Agency (SAPTA) in the composition; (8) include the word "advise" in the development of the plan submitted pursuant to Title XIX of the Social Security Act; (9) include substance abuse and co-occurring services under IV, Number 3; (10) change Number 5 under IV to read, Persons with substance abuse and co-occurring disorders; (11) change Number 5 to 6 and 6 to 7; and (12) under V. Sources of Funds, change to Joint Mental Health and Substance Abuse Block Grant.

Coleen suggested that behavioral health be defined in the Executive Order, recommending: WHEREAS behavioral health is considered for this Committee co-occurring, substance abuse disorders, chronic mental illness, and children with severe emotional disturbances.

Susan made a motion to accept the revisions to the Executive Order as discussed. Judy seconded. The motion passed unanimously.

For the record, Dave cast Sharon Wilson's vote to accept the revisions to the Executive Order, acting in Sharon's absence as her appointed proxy.

14.COMMITTEE UPDATES (Action Item)

Executive Committee – Rene Norris

Rene advised the Council that the Chair and Vice Chair resigned.

Bylaws Ad Hoc Committee – Alyce Thomas

Alyce said there will be a lot to discuss at the next meeting after the Executive Order is issued.

Consumer and Family Member Advocacy Committee – Alyce Thomas

Alyce reviewed the updated informational handouts for consumers and family members in Northern, Southern, and Rural Nevada. Alyce and Dave thanked Diane for the work she did on the handouts. There was discussion on where these will be distributed. Steve will follow up with Diane on SAPTA treatment centers. There was brief discussion on the current status of this year's legislative session.

Behavioral Health Promotion Committee – Alyce Thomas

Alyce asked for more volunteers to sit on this Committee and said the Committee would like to get involved earlier in the year with Mental Health Awareness Month. They would like to reach out to people and businesses like WestCare, so southern Nevada enjoys the same success as northern Nevada. Alyce has already begun reaching out to some agencies.

Nominating Committee – Rene Norris

Rene, Alyce, and Dave reviewed with the Council the four MHPAC membership applicants that were interviewed by the Nominating Committee on August 28, 2012. One of the applicants, Dawn Walker, was present and introduced herself.

Alyce made a motion to refer the four candidates to the Governor's Office for MHPAC membership. Judy seconded. Motion passed unanimously.

Rene stated that the two candidates to fill the vacancies of the Chair and Vice Chair are Alyce Thomas and herself.

Debra made a motion to make Alyce the MHPAC Chair. Judy seconded. Motion passed unanimously.

Debra made a motion to make Rene the MHPAC Vice Chair. Judy seconded. Motion passed unanimously.

On behalf of the Council, Dave thanked Alyce and Rene for stepping up to fill these crucial vacancies.

Rural Monitoring Committee – Alyce Thomas

Alyce stated that the Committee has not yet met but hopes a meeting will be scheduled in November.

15.PUBLIC COMMENT

Barry Lovgren had a question concerning a part of the State Plan application and if that referred to Medicaid. Dave answered yes. Mr. Lovgren also suggested evaluation centers be eliminated from the “Where to Find Help in Nevada” brochures, and requested the Council publicize the availability of treatment intervention priorities under treatment programs. Mr. Lovgren thanked the Council for moving forward with the Executive Order, and the Council thanked Mr. Lovgren for his comments.

16.SET DATES AND TOPICS FOR FOLLOW-UP MEETINGS (ACTION ITEM)

MHPAC Quarterly Meetings for 2013, were set for January 17, 2013, April 18, 2013, July 18, 2013, and October 17, 2013. All meetings will begin at 9:00 a.m. Topics will be determined at a later date.

Dave motioned to accept the dates and time. Alyce seconded. Motion passed unanimously.

17.ADJOURNMENT

Alyce motioned to adjourn at 12:13 p.m.

Diane Dempsey
Recording Secretary