MINUTES

of the

Mental Health Planning Advisory Council
Child Transition Subcommittee

meeting on

Friday, February 27, 2009

held at

Division of Mental Health and Developmental Services
4126 Technology Way, Second Floor Conference Room
Carson City, Nevada 89706

1. CALL TO ORDER, ROLL CALL, INTRODUCTIONS – KATHY HUGHES, CHAIR

Kathy called the meeting to order at 1:35 pm and asked everyone to introduce themselves to serve as roll call.

Members present:

- Hughes, Kathy – Nevada PEP, Family Member, Chair (via teleconference)
- Kosuda, Constance – Family Member (via teleconference)
- Polakowski, Ann – DCFS (via teleconference)
- Snead, Lydia – Nevada PEP, Family Member (via teleconference)

Members absent:

- Bousquet, Judy – Family Member
- Thomas, Alyce –Consumer
- Peterman, Patricia – Family Member

Staff and guests:

- Benitez, Tanya – MHPAC Administrative Assistant
- Caloiaro, Dave – MHDS
- Mowbray, Roger – Grant Consultant
- Phinney, Cody – MHDS

2. REVIEW AND APPROVE MINUTES FROM PRIOR MHPAC CHILD TRANSITION SUBCOMMITTEE MEETING ON 1/23/2009

Kathy asked for discussion of the minutes and entertained a motion. Constance motioned to accept the minutes as written. Lydia seconded the motion.

UNANIMOUS VOICE VOTE: MOTION IN CARRIED

3. DISCUSS CHILD TRANSITION ACTION ITEMS

- **MOU MONITORING**

  Kathy asked for an update from Lydia. Lydia said the meeting was cancelled due to a conflict of appointment and would be rescheduled. She will give an update at the next meeting.

- **FACT SHEET**

  Kathy verified everyone had a copy of the fact sheet. She thanked Dave for all of the work put into the sheet. She opened the floor for discussion. Dave gave an overview of the fact sheet. He took suggestions and recommendations from the last meeting and made changes. He highlighted the key services of the Rural Clinics and their hours of operation. Kathy asked if the limited hours should be listed. Dave verified limited services, days, and hours.

  Dave added Substance Abuse Prevention Treatment Agency (SAPTA) phone number. He said SAPTA contracts everything out so they keep a list of providers. There are service categories under treatment and prevention (which is more educational). He provided the number to SAPTA, so people can call and get the exact services they need.

  There is a Nevada Office of Suicide Prevention and they have two numbers on the website. They have the Nevada Suicide Prevention Hotline and the other number is the National Hotline.

  Dave went over the categories of Housing, Medicaid/Food Stamps, Secondary Education, and Employment. Dave asked for questions, suggestions.

  Lydia said calling Medicaid is so difficult. She has never had any luck with calling. She always has to go into the office. Roger suggested the call center number. Lydia said the call center number transfers her right back to the main number and it takes over two weeks to get a response from the case worker. Kathy said there are other parents who have attempted to call the number and have had no success. Discussion ensued. Roger will go through the list to verify there is no duplication of numbers/locations. Dave will input the list once it is verified.

  Kathy said in regard to Secondary Education, she was thinking Community Colleges. Cody questioned Secondary Education meaning High School. Dave said when he looked it up on the computer; he

received both High School and College. Constance mentioned Vocational Schools also. Dave will change Secondary Education to Post Secondary Education and will list Community Colleges, Vocational Schools, and Universities. Kathy suggested putting information at the beginning in regard to the possibility of financial aid being available.

Dave went over the glossary of terms. He did it alphabetically, and attempted to very inclusive. He asked for comments or suggestions. Constance said she believes this is very helpful.

Dave recapped the changes. Lydia asked if Nevada Check Up should be added. Dave said he would do research but he believes that Nevada Check Up is for children and adolescents, not for those 18 or older.

- **ENGAGING EDUCATION/EMPLOYMENT**

  Kathy said she has not heard back in regard to the invitation that was sent to Ms. Kane at the Department of Education. Kathy will call to follow up with Ms. Kane and personally invite her.

4. PUBLIC COMMENT

Kathy is part of the Washoe County Children's Central Health Consortium. Last week at the meeting, someone from The Mohave Clinic come and talk about a program that they do for transition youths. It is like a day treatment, however it teaches them independent skills and living skills. Kathy will scan and send document to Tanya to distribute to the Subcommittee. Kathy spoke with the lady who does this, and she may be interested in coming to speak about this program and some of the ideas that they are starting. They have to have Medicaid to access this service. Kathy said with the Subcommittee's approval, she will invite this person to come and speak at the next meeting. Kathy asked for other public comment. No other public comments were made.

5. SET DATE AND TOPICS FOR FOLLOW-UP SUBCOMMITTEE MEETING

Friday, April 10, 2009 at 1:30 pm

6. ADJOURNMENT

Meeting adjourned at 2:20 pm