NORTHERN NEVADA ADULT MENTAL HEALTH

POLICY AND PROCEDURE

SUBJECT: INTENSIVE OUTPATIENT PROGRAM (IOP) ADMISSION/DISCHARGE CRITERIA

NUMBER: NN-PC-PL 25

ORIGINAL DATE: 11/18/10

REVIEW/REVISE DATE:

APPROVAL: Rosalyne Reynolds {s}, Agency Director

I. PURPOSE

The purpose of this policy is to describe the admission, continuing stay and discharge criteria for the Intensive Outpatient treatment program. Exclusion criteria are also described.

III. REFERENCES

NN-PC-AS-01-Outpatient Services Assessment

NN-PC-PL-02 – Outpatient Service Plan

NN-PC-PL-24—Intensive Outpatient Treatment Service Plan

MHDS 4.031-Treatment Plan and Treatment Team

MHDS 4.038- Person-Centered Service Planning

II. POLICY

It is the policy of Northern Nevada Adult Mental Health Services (NNAMHS) to provide services to individuals in the least restrictive environment and to admit and discharge consumers based on specific criteria as their needs change.

IV. PROCEDURES

1. CRITERIA FOR ADMISSION:
   a. Active NNAHMS consumer.
   b. Adult Serious Mental Illness (SMI) diagnosis.
   c. Locus score of 3 or higher
   d. Score as High Mental Health need and Low Substance Abuse need, according to Kenneth Minkoff's recovery model.
   e. Consumer needs are not met at a less intensive level of care demonstrated by an intensification of symptoms with deteriorating level of functioning, but the symptoms are not so acute to require hospitalization.
   f. Is willing to commit to maintaining alcohol-drug abstinent while enrolled the IOP program.
   g. Is in need of a structured therapy program to promote stability in the community and/or avoid hospitalization or re-hospitalization.
   h. Is capable of actively engaging in group therapy in a way that is beneficial and therapeutic for them and other group members.
   I. Demonstrates the ability to listen and learn from others and share in a way that is appropriate for an effective group process.
   m. May be at significant risk of victimization, but does not require 24-hour supervision to prevent this risk.
   n. May reside in an environment that is not supportive of recovery but is able to attend scheduled groups despite these conditions.
   o. May be ambivalent about recovery, but is motivated and willing to commit to active engagement in the IOP Program
   p. Has read, discussed, understands, and is committed to the IOP guideline
   q. The consumer has stable biomedical conditions

2. EXCLUSION CRITERIA

a. Consumer refusal of treatment services.
b. Does not meet criteria for admission.
c. Unable to attend programming daily. While the consumer may miss an occasional group due to illness or other unforeseen event, they have committed to attending all facets of the IOP.
d. The consumer has no active symptoms of substance withdrawal.

3. CONTINUED STAY CRITERIA:

a. The consumer has shown progress during participation in the groups, but does not demonstrate progress which would indicate that discharge would lead to community stability with a lower level of care.
b. It is expected the consumer will continue to improve as a result in continued program participation
c. The consumer and staff will have agreed on specific goals to be achieved with continued stay.

3. DISCHARGE CRITERIA:

a. The consumer has and shown significant progress during participation in the IOP and their condition has stabilized.
b. The consumer has shown some progress during participation in the IOP, but conditions exist which indicate that the consumer will not likely benefit from continued participation at this level of care.
c. The consumer has not demonstrated commitment to participation in the IOP.
d. The consumer has moved or relocated.
e. Consumer decides to discontinue program.