MINUTES

of the

Behavioral Health Planning & Advisory Council's Quarterly Meeting

meeting on

July 18, 2013

Videoconference Meeting Locations: held at Sierra Regional Center (SRC) 605 South 21st Street, Sparks, Nevada

AND

State of Nevada Division of Public & Behavioral Health 4126 Technology Way, Conference Room 201, Carson City, Nevada

AND

Desert Regional Center (DRC) 1391 S. Jones Blvd., Las Vegas, Nevada

1. CALL TO ORDER, ROLL CALL, AND INTRODUCTIONS – ALYCE THOMAS

Alyce called the meeting to order at 9:07 a.m. Roll call was taken and a quorum was present. Diane completed the sign-in sheet.

MEMBERS PRESENT:

Alyce Thomas, MHPAC Chair – Consumer/Family Member (present in Las Vegas)

Judy Bousquet – Co-occurring Consumer (present in Las Vegas)

Brad Greenstein – Consumer/Provider (present in Las Vegas)

Susan Maunder – Consumer/Family Member (present in Las Vegas)

Barbara Jackson – Consumer (present in Sparks)

Cynthia Matteson – Consumer (present via teleconference call)

Marion Scott – Consumer (present in Las Vegas)

Jeannie Smith – Family Member (present in Sparks)

Dawn Walker – Family Member/Consumer/Provider (present in Las Vegas)

Sharon Wilson – DOC (present in Sparks)

Dave Caloiaro – MHDS (present in Sparks)

Debra Parra – Housing (present in Carson City)

Bill Kirby – SAPTA (present in Carson City)

Mechelle Merrill – DETR (present via teleconference call)

Lisa Ford – DOE (present via teleconference call)

MEMBERS ABSENT:

Rene Norris, MHPAC Vice Chair – Family Member (excused) Denice Pinder – Family Member (unexcused) Coleen Lawrence – DHCFP/Medicaid (excused) Ann Polakowski – DCFS (excused)

STAFF AND GUESTS:

Kevin Quint – MHDS Commission
Julie Slabaugh – Deputy Attorney General (Carson City)
Susanne Sliwa – Deputy Attorney General (Las Vegas)
Erin Hasty – Governor's Office
Martha Framsted – Health Division
Diane Dempsey – MHDS

2. PUBLIC COMMENT

There was no public comment.

3. REVIEW AND VOTE TO APPROVE MINUTES FROM THE MHPAC MEETING ON MARCH 7, 2013 "For Possible Action"

MOTION: Judy motioned to accept the minutes as written. Bill seconded. Motion passed unanimously.

4. NEVADA COMMISSION ON MHDS (UPDATE) – KEVIN QUINT, CHAIR "For Possible Action"

Mr. Quint introduced himself as the Chair of the Nevada Commission on Behavioral Health, formerly the Commission on Mental Health & Developmental Services, and thanked the Council for always allowing him to speak at these meetings and for the collaboration. Kevin stated nine out of the 10 slots on the Commission are filled. He has been chair for three years and has another year left, then he is timed out with two more years he can stay on the Commission. Kevin will talk to the Commission at the next meeting about succession planning in terms of who will be the next Chair and Vice Chair. Mr. Quint stated the Commission is preparing another letter to the Governor and invited Council members to contact him with any advocacy issues they would like addressed. Kevin reported that at last Friday's meeting with the Division of Child and Family Services (DCFS), they provided important trend data about seclusion and restraints, along with a few selected forms that could help them see the inner mechanism of how this is happening. They had a very thoughtful and in depth conversation, and are now trying to engage that same conversation with the three state hospitals - Lakes Crossing, Northern Nevada Adult Mental Health Services (NNAMHS), and Southern Nevada Adult Mental Health Services (SNAMHS).

Sharon, representative from the Department of Corrections, asked if they had anything from the correctional system. Kevin said no, adding that the Commission would like to discuss how they can have a meaningfully conversation and involve the Department of Corrections, which does so much mental health work. Mr. Quint said now that the Commission has the staff and resources, they can get more done and their Planning Subcommittee will be resurrected.

There were no further questions and Alyce thanked Kevin for his update.

The representative to present under Agenda Item 5 was not available, so the Chair moved to Agenda Item 6.

6. ADVOCACY ORGANIZATION REPORT: HOPE HOUSE – JUDY BOUSQUET "For Possible Action"

Judy reported that Hope House relocated their office in May to 3941 Copperhead Hills Street, Las Vegas, Nevada 89129. Also in May, they held their first statewide fundraising event to promote Mental Health Awareness Month with the Las Vegas 51's and the Reno Aces. It was a huge success! Hope House also participated at SNAMHS's Spring Fling event activities to celebrate Mental Health Awareness. Judy said June and July have been quiet as they are planning their Wellness, Recovery, and Action Plan (WRAP) Training schedule, which is an evidenced-based program for consumers and co-occurring consumers in beginning a personal, individualized wellness plan. Hope House is also planning a Community and Business Awareness series to promote their "Eliminate Stigma" program; and lastly, they are actively recruiting new members throughout the rural areas of Nevada.

7. UPDATE ON AB 65 (OPEN MEETING LAW) AS IT PERTAINS TO THE COUNCIL USING A PROXY – SUSANNE SLIWA "For Possible Action"

Susanne, Deputy Attorney General, reported that with the passing of AB 65, the Council will no longer be able use proxies.

Dave said this will have little to no affect for full Council meetings because the Council is so large. Their concern is for the Council's smaller subcommittees, which only have three to five members. If the Council wanted to use proxies, they would have to go back to the Governor's Office and ask for that amendment to the Executive Order. Julie, Deputy Attorney General, confirmed Dave's statement. Dave asked Alyce and the Council how that might be pursued. Alyce said as far as the full Council meetings are concerned, proxies are not an issue but members who sit on the Council's subcommittees must be diligent in attending those meetings; or, other than an emergency, must notify Diane Dempsey as soon as possible when they are unable to attend. Dave suggested using alternates, but Alyce thought alternates might be too much like proxies. Julie will check into this. Dave reiterated Alyce's

statement and asked the Council if they agreed with that or if they would like to go back to the Governor and request the Executive Order be amended to allow for proxies.

Since there was no further discussion, Alyce said the Council would leave it as it stands; adding if a member wants to revisit proxies in the future, they should inform Diane and she will put it on a meeting agenda.

8. WRAP UP ON LEGISLATIVE INITIATIVES: SB 338, SB 144, AB 287, SB 104, AB 228, AB 108, SB 18, SB 31, SB 410, AB 495, AB 155, AB 154, SB 224, SB 362, SB 327, AB 170, SB 277, SB 221, AB 488, AB 462, SB 484, AB 505 – MARTHA FRAMSTED "For Possible Action"

Martha Framsted, Public Information Officer for the Nevada State Division of Public and Behavioral Health, gave the following brief description of the recent bills that were either signed, died, or vetoed by the Governor:

SB 338 – Changes the term mental retardation to intellectual disability in NRS – (Signed); SB 144 – Revises provisions governing the investigation of peace officers – (Died); AB 287 - Authorizes the involuntary court order to admission of certain persons with mental illness to programs of community based or outpatient services under certain circumstances – (Signed); SB 104 – Revises provisions governing parole – (Signed); AB 228 – Authorizes certain providers of health care to provide voluntary health care services in this state in association with certain organizations -(Signed); AB 108 – Revises provisions relating to the eligibility to vote of certain persons – (Signed); SB 18 – Makes various changes to provisions governing the Office of the Military, Nevada National Guard, Nevada National Guard Reserve, and voluntary military organizations licensed by the Governor - (Signed); SB 31 -Enhances the ability of child welfare agencies, schools, courts, probation departments, and treatment providers to share information regarding children under their care or supervision – (Signed); SB 410 – Revises provisions governing sterile syringe access, needle sticks prevention – (Signed); AB 495 – Abolishes the Committee on Co-occurring Disorders – (Signed); AB 155 – Revises provisions governing reports of the abuse or neglect of a child, dealing with the Safe Haven Law - (Signed); AB 154 - Revises provisions concerning child death review teams -(Signed); SB 224 – Revises provisions governing driving under the influence – (Signed); SB 362 – Makes various changes concerning health care facilities that employ nurses – (Signed); SB 327 – Revises provisions relating to health care professions dealing with telemedicine – (Signed); AB 170 – Revises provisions governing the advanced practice of nursing – (Signed); SB 277 – Revises provisions relating to mental health – (Died); SB 221 – Revises provisions governing firearms – (Vetoed), Martha stated this bill will likely resurface at the next session. AB 386 -Revises provisions relating to mental health services for children – (Signed); SB 274 - Revises provisions relating to contracts and agreements of the Department of Health and Human Services – (Signed); AB 488 – Transfers Developmental Services and the

Division of Mental Health to Developmental Services and the Early Intervention Services in the Health Division to Aging and Disability Services Division of the Department of Health and Human Services and combine Mental Health and Health Division to become the new Division – (Signed); AB 462 – Appropriates to and authorizes the expenditure of money by the Desert Regional Center within the Division of Mental Health and Developmental Services of the Department of Health and Human Services for a new computer systems for medical records, provider invoices, and claims processing – (Signed); SB 484 – Makes an appropriation from the State General Fund to the Division of Mental Health and Supportive Services of the Department of Health and Human Services for new software to implement technology policies – (Signed); and, AB 505 – Authorizes and provides funding for certain projects of capital improvement – (Signed).

Alyce thanked Martha and, upon the presenter's arrival, returned to Agenda Item 5.

5. HEALTHCARE FINANCE & POLICY (MEDICAID) REPORT – LAURIE SQUARTSOFF "For Possible Action"

Laurie Squartsoff, Administrator, Nevada Division of Health Care Financing and Policy, Medicaid, gave an update on where they are with the change in Medicaid programs, benefits and eligibility. Principally, Laurie said, the eligibility state plan amendment changes have to do with the current eligibility method when looking at the modified gross income with a five percent (5%) disregard. The requests for eligibility changes have been submitted to CMS for their approval, and they expect to have them back very soon. Laurie said they are on track and advised that the Silver State Health Insurance Exchange for Nevada Checkup will be served as a "no wrong door" for persons in Nevada to apply for health insurance and that system is all set to be the eligibility engine for Welfare.

Laurie advised that public workshops are set to take place on August 20 at 1:00 p.m. at the Silver State Health Insurance Exchange at 2210 South Carson Street in Carson City, Nevada, and video conference will be available from the Medicaid Office located at 1210 So. Valley View, Las Vegas, Nevada.

Ms. Squartsoff further stated that the expansion population will receive the Alternate Benefit Plan and the final rule states this cannot be benchmarked against the Medicaid Benefit Plan, though the Division of Healthcare Finance & Policy (DHCFP) is working to balance the essential health benefit areas to mirror the Medicaid Plan. This will provide some of the non-traditional services such as personal care services and adult day health care. It will also support continuity of care as individuals may transition between Medicaid and the expansion Medicaid population. The caseload for Medicaid today is 320,000 and is expected to be approximately 500,000 by the end of fiscal year 2015.

Barry Lovgren, member of the public, asked Ms. Squartsoff if habilitative day treatment, rehabilitative day treatment, or both are reimbursable under the current

Medicaid State Plan for mental health services. Laurie said they are not. Medicaid is looking at making those adjustments so there is more of an alignment between the two programs.

Alyce asked if Medicaid's "Ticket to Work" Program would go away. Laurie was not sure about the "Ticket to Work" Program, but stated with the Health Link and the Health Insurance Exchange, when people apply for insurance, their application will be routed to either Medicaid, the advance premium tax credit, or to what their insurance opportunities are and what is available.

Ms. Squartsoff will provide the members with a handout.

9. UPDATE ON THE JOINT BLOCK GRANT SUBMISSION TO SAMHSA – DAVE CALOIARO "For Possible Action"

Dave said they are preparing to submit the Joint Block Grant to the Substance Abuse, Mental Health Services Administration (SAMHSA) through the United States Department of Health & Human Services. Originally the block grant was due on April 1, 2013, and then it was postponed. It is now due by September 3, 2013. The Joint Block Grant Application and Plan was presented before this Council in March. at the SAPTA Advisory Board and Commission on MHDS meetings in May, and the Commission on DCFS meeting a few weeks ago. Because of the length of the application and plan, the SAPTA Director focused on SAPTA's 17 goals, and during the Mental Health Planning Advisory Council and Commission on MHDS, focus was on the 19 mental health priorities. A copy of the entire Joint Block Grant Application and Plan was made available at each meeting location. It was also available on the MHDS and SAPTA websites. There was one public comment and several recommendations. Submission should be made by early August, and they will ensure all comments and suggestions are included. Dave added that they received a memo from SAMHSA in March concerning the sequestration and that \$85 Million in budgetary resources across the federal government for the remainder of the fiscal year would be applied. They were specifically asked for various grants to anticipate cuts of between approximately five and six percent. They don't know what the funding allotment will be for Nevada this time around but the main thing to do is submit the Joint Block Grant. Dave believes half of the states have combined their joint block grants with mental health and substance abuse.

10. UPDATE ON PEER SUPPORT AND RECOVERY ACTIVITIES – DAVE CALOIARO "For Possible Action"

Dave said this project has been a labor of love and an exciting thing for Nevada, and then referred the members to two handouts: The Nevada Partnership for Peer Support – Strategic Plan, and the Nevada partnership for Peer Supports – Logic Model. Nevada has provided peer support services for many years and Barbara Jackson who serves on this Planning Council and is a Commissioner, works in our Peer Support Services at Northern Nevada Adult Mental Health Services (NNAMHS). They are

elevating that to a level they have never done before and going outside of the state as well. They have a total of about 14 Consumer Services Assistants (CSAs) in their agencies at SNAMHS in the south, NNAMHS in the north, and Rural Services. The MHPAC Chair, Alyce Thomas, was instrumental in starting the Peer Support and Consumer Assistance Programs, and she is a member of our Nevada Peer Support team. They are now elevating these programs to include community partners and also including alcohol and substance abuse services as part of our peers. Nevada has partnered with Peer Link, a consumer-driven, grassroots organization headquartered in Portland, Oregon. They started with two town hall meetings in May, 2013, that included supervisors and program people at the state and community level. A town hall meeting will be done in Las Vegas on September 10, 2013. Peer Link does a lot of work for a lot of states. The second thing they did was to apply for a BRSS TACS. or bringing recovery supports to scale technical assistance. It is a small monetary award and technical assistance through the federal government. Nevada applied and was awarded that. In order to receive the award we had to agree to attend two planning meetings in the north and a two day meeting in Las Vegas to identify a name from our group academy team, a vision, and priorities as part of our strategic plan. The second day of the two day meetings was to identify strategies, actions. responsible persons, guidelines, and timelines. We had a team of 12 to 13 people. Dave took over for the person who was originally selected to lead but later resigned. Even though the formal meetings have concluded, they are still meeting by phone approximately every two to three weeks and that is to build the strategic plan with some of the timeframes, most of which are within the next 90 days. The focus on the strategic plan is very heavily on the Affordable Care Act (ACA).

Dave discussed in length the following priorities under the Strategic Plan that were identified by the Academy Team: Priority 1 – Workforce Development (recruit, train, and develop a peer workforce for peer driven behavioral health system of care for individuals and family); Priority 2 – Peer Support Services (enhance current treatment and support programs to incorporate peer support services throughout the system of care); Priority 3 – Peer Leadership Development (create a Peer Leadership Council to drive and guide Peer Support Services in Nevada); and, Priority 4 – Medicaid Eligibility Enrollment (increase Medicaid eligibility enrollment in Nevada of behavioral health services programs through peer supporters).

Dave commented that he is very excited about the opportunity to work with the community and complimented the Academy Team for their hard work and dedication in developing this blueprint for Nevada. There is still a lot of work to be done to implement this Strategic Plan. Dave said he will also be presenting this at the next Commission meeting in September.

11. PLANNING FOR THE COUNCIL'S ORIENTATION AND REFRESHER TRAINING IN OCTOBER – DAVE CALOIARO / ALYCE THOMAS "For Possible Action"

Following discussion, Alyce will conduct a mini-orientation with the new Council members in August at her Las Vegas Office. Alyce will call Diane to discuss a day. An overall orientation and refresher training with the full Council members will be scheduled in Northern Nevada on Wednesday, October 16, 2013.

12. COMMITTEE UPDATES "For Possible Action"

Bylaws Ad Hoc Committee – Dave Caloiaro for Alyce Thomas

Dave reviewed the following highlighted areas of the proposed revisions to the bylaws, also noting underlined and italicized corrections: Based on the integration and transformation of our Mental Health Planning Advisory Council, the name of the Council was changed under Section 1 and throughout to the Behavioral Health Planning and Advisory Council. Under Section 2: Purpose, subsection 1 (and persons with substance abuse [not "use"] and co-occurring disorders) was added. Under Article II, Section 1: Appointments, membership is raised to 23. Under Article II. Section 2: Composition (Substance Abuse Prevention and Treatment) was added to subsection 1, and (persons with substance abuse [not "use"] and co-occurring disorders who are receiving or have received behavioral [not "mental"] health services; and, under the same article, Item 2 (At least 50 percent) and behavioral [not "mental"] health, substance abuse, or co-occurring services. Section 3: Proxies will be deleted in its entirety. Section 5: Reappointment, Item 4 New BHPAC members must attend Council member orientation within six months of appointment and refresher training at least every two years thereafter. Section 6: Oath of Office change Mental Health Planning Advisory Council to (Behavioral Health Planning and Advisory Council). Under Article III, Section 1: Absences (Three); Section 2: Removal from Membership (third); Section 3: New Appointments of Other than State Representatives, subsection 7 (New BHPAC members must attend Council member orientation within six months of appointment, and refresher training at least every two years thereafter); Section 4: New Appointments of State Representatives, subsection 3 (same as subsection 7). Under Article IV, Section 1: Travel and Per Diem (Combined Mental Health Substance Abuse Prevention and Treatment Block Grant). Under Article VI, Section 4: Executive Committee, change Mental Health Services for Adults to (Behavioral Health Services for Adults). Under Article VIII, Section 1: Quorum, remove in attendance or represented by proxy; and in Section 1: Quorum Present, remove or represented by proxy. Under Article X, Section 1: Grievance Rights, change Mental Health Planning Advisory Council to (Behavioral Health Planning and Advisory Council. Change the date the bylaws were last amended to July 18, 2013.

MOTION: Dave motioned to accept the revisions to the Council's bylaws with the noted corrections. Barbara seconded. Motion passed unanimously.

<u>Executive Committee</u> – Alyce Thomas

MOTION: Following a review of the Council's revised brochure, Judy motioned to accept the revised brochure as presented. Dawn seconded. Motion passed unanimously.

<u>Consumer and Family Member Advocacy Subcommittee</u> – Dave Caloiaro for Alyce Thomas

Dave reported that this Committee met on June 20, 2013, with Alyce, Marion Scott, Bill Kirby, Sharon Wilson, and himself in attendance. The meeting had to do with the resource handouts for Northern, Southern, and Rural Nevada. There were some comments from a member of the public and we made a few minor revisions to identify alcohol and co-occurring treatment services and they talked about how to distribute those resource materials. They have been distributed to NNAMHS, SNAMHS, Rural Clinics, SAPTA, Linda Lang, the Statewide Coalition Director, having 12 coalitions in Nevada, they are posted on the MHDS/Public and Behavioral Health website, and Alyce distributed the resource handouts to Desert Regional Center, doctor offices, emergency rooms, several hospitals.

Behavioral Health Promotion Subcommittee - Alyce Thomas

Alyce said members who gave their time, talents, and West Hills Hospital who donated this year's pins for Mental Health Awareness Month in May were presented with Certificates of Appreciation. Alyce also mentioned the interviews with Judy and other consumers, providers, and practitioners that were inserted in the newspaper, promoting mental and behavioral health in a positive way, and distributed in the north and south. Please request inserts from Alyce.

Nominating Subcommittee – Alyce Thomas

Alyce advised that Rene Norris, Nominating Subcommittee Chair, sends her regrets that she could not be here to report on this Committee. Dave asked Alyce if he could recommend that Diane schedule a meeting to fill the vacancies now that we have increased the membership in the bylaws. Diane also advised that there are currently eight applicants who are waiting to be interviewed.

Rural Monitoring Subcommittee – Alyce Thomas & Dave Caloiaro

Dave stated the Rural Monitoring Team consisted of himself as the Adult Planner, Ann Polakowski from DCFS as the Child Planner, Alyce Thomas as the Chair, and Cynthia Matteson. The team visited the Elko and Battle Mountain Mental Health Centers and conducted interviews with clinic staff, consumers, and family members of consumers, including family members of adult consumers, as well as children and

adolescent consumers. The report contains the questions and responses and recommendations are at the end. The Director of Rural Services, Kathryn Baughman, was requested to respond to the recommendations by July 31, 2013, and a follow up to her response will be on the agenda for the next Council meeting in October.

The Chair asked the members if they had any questions or comments about the report.

Barbara said on page 28, number 11, she did not see the connection between the question and the answer. Dave concurred and will talk to Ann about this. Barbara stated the report was much easier to read this year.

Alyce said no vote can be taken until we get a response back from Ann on number 11, and Dave added that we are also waiting for a response from the Rural Services Administrator. Dave suggested addressing this under the Rural Monitoring Subcommittee meeting at the next full Council meeting.

MOTION: Judy motioned to put this discussion on hold until the next Council meeting in October. Sharon seconded. Motion passed unanimously.

13. PUBLIC COMMENT

There was no public comment.

14. SET DATE AND DISCUSS TOPICS FOR THE NEXT MHPAC QUARTERLY MEETING "For Possible Action"

The date of the next BHPAC Quarterly Meeting was confirmed for October 17, 2013, at 9:00 a.m. The next BHPAC Orientation will be on October 16, 2013. In addition to the standing agenda items, some suggested topics for the next meeting are:

 Update on response from Kathryn Baughman, Director of Rural Services on the Rural Monitoring Report Recommendations (Under Rural Monitoring Committee)

Alyce asked members to notify Diane if they would like something placed on the agenda.

15. ADJOURNMENT

Judy motioned to adjourn at 11:17 a.m.

Diane Dempsey

Recording Secretary