

MINUTES
of the
Mental Health Planning Advisory Council's
Consumer & Family Member Advocacy Committee
meeting on
Monday, September 17, 2012
held at
Division of Mental Health & Developmental Services
4126 Technology Way, MHDS Conference Room
Carson City, Nevada 89706

**1. CALL TO ORDER, ROLL CALL, AND INTRODUCTIONS –
ALYCE THOMAS, COMMITTEE CHAIR**

Alyce called the meeting to order at 9:08 a.m. Roll call was taken and a quorum was present. Diane completed the sign-in sheet.

MEMBERS PRESENT AT THE CARSON CITY LOCATION:

Dave Caloiaro – MHDS

MEMBERS PRESENT VIA TELECONFERENCE:

Alyce Thomas – Consumer/Family Member, Committee Chair (Las Vegas)

Sharon Wilson – DOC

Rene Norris – Family Member, Past MHPAC Chair (Las Vegas) – Joined meeting at 9:30 a.m.

STAFF AND GUESTS:

Tami Jo McKnight – MHDS

Bill Kirby – SAPTA (Pending MHPAC Member)

Diane Dempsey – MHDS

**2. REVIEW AND APPROVE MINUTES FROM THE MHPAC
MEETING ON AUGUST 9, 2012 (ACTION ITEM)**

Dave made a motion to approve the minutes as written. Sharon seconded. Motion passed unanimously.

3. PUBLIC COMMENT

Bill commented that on page two of the agenda where it lists the public notices locations, the State of Nevada – Department of Human Resources should be corrected to the Department of Health and Human Services. Dave welcomed Bill to the meeting. Bill is not a formal MHPAC member yet, but his application is at the Governor's Office. Bill was appointed by SAPTA to replace Layne Wilhelm on the Council.

4. REVIEW UPDATED HANDOUT INFORMATION FOR CONSUMERS AND FAMILY MEMBERS – ALYCE THOMAS

Dave revisited the background of the three fact/resource sheets for northern, southern, and rural Nevada. Dave said updating the fact/resource sheets emanated from the last Council meeting. This Committee took the information from three years ago, upgraded it, and made revisions from a few recommendations. A couple of considerations were discussed such as adding SAPTA's detailed information or just showing only SAPTA's main numbers where people can call for more information. Alyce liked the idea of adding all of SAPTA's phone numbers because it is easier to look at phone numbers and make a decision, rather than call somebody who gives you three or four places. If family members and consumers have numbers in front of them, that is better. The Committee agreed with Alyce. From discussion and comments, the Committee agreed with the following:

- Bill will notify Diane if there are any revisions to the three internal SAPTA documents.
- Page two will become page one to keep uniformity of the handouts specific to services for the area and glossary of terms.
- Diane will copy and paste SAPTA's Carson City treatment programs in Carson City to SAPTA's Rural's treatment programs.
- Dave will work on the Rehabilitation Mental Health Services and confirm with the Performance Improvement Coordinator at Rural Services that they still have psychosocial rehabilitation, general description and examples, and then make the information consistent on all three fact sheets.

Dave said when the resource/fact sheets revisions are completed, within the next week or two; they can be presented to the Council at the October 18, 2012, quarterly MHPAC meeting. If the Council approves the revised resource/fact sheets, the Committee can distribute them to the clinics, facilities, and private and community partners.

Diane suggested having a one sheet, front and back, statewide informational sheet that listed critical numbers first, like Suicide Prevention and Nevada 211.org, and then specific locations of where to get help for mental health, developmental services, co-occurring disorders and substance abuse. There was discussion about keeping it consistent with the three fact sheets, with a couple of minor revisions, instead of

making it statewide. Sharon said either way she thought this was a good idea and that it should focus on quick contact information; also, that we have all this additional information on the fact sheets, but if someone is really frantic and needs help, all they want to do is pick up the phone and call somebody. Tami added that these are the kinds of things she is hearing communities want to see. Sharon said public libraries might also be good places for this information, not just mental health oriented places. Alyce said we have an opportunity to brainstorm and bring these forward to the Council.

5. PUBLIC COMMENT

There was no public comment.

6. SET DATE AND TOPICS FOR FOLLOW-UP MEETING (ACTION ITEM)

Alyce thought the next meeting should be held after the October 18, 2012, quarterly MHPAC meeting. Dave agreed and said depending on the Council's approval, the topic would be where the resource/fact sheets will be distributed. Dave also thought another topic would be to invite the MHDS legislative liaison to discuss any legislative matters. Following discussion, it was decided that if there are no additional and significant revisions made to the resource/fact sheets, other than what has been discussed, the next meeting will be set sometime after the quarterly MHPAC meeting on October 18, 2012.

Dave made a motion to accept the topics and set the next Committee meeting a date to be determined after October 18, 2012. Rene seconded. The motion passed unanimously.

7. ADJOURNMENT (ACTION ITEM)

Rene motioned to adjourn at 9:55 a.m.

Diane Dempsey
Recording Secretary